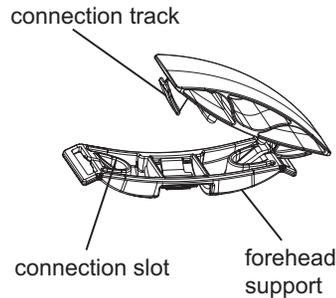


Forehead Pad Replacement

If you need to replace the forehead pad, contact your home care provider to reorder. Follow the instructions below.

Step 1 Remove the pad. Slide the pad outward toward one edge of the forehead support, and lift it upward so the connection track on that side is released from the plastic connection slot. Next, pull the pad in the opposite direction to release the connection track on the other side from its connection slot.



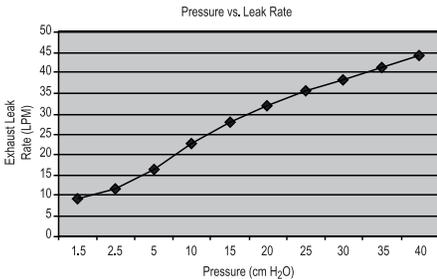
Step 2 Install the new pad. Slide one of the connection tracks on the new pad into its connection slot on the support. Pull the pad in the opposite direction (toward the center) and slide the other connection track into its connection slot to lock the pad into place.

Disposal of Parts

Dispose of any damaged or broken parts according to local regulations.

Helpful Tips for Mask Comfort

- Clean your face and mask thoroughly before each use.
- Make sure the mask is the correct size for your face.
- **Do not** overtighten the headgear. Overtightening can irritate your face, increase leaks, or cause damage to the mask.
- Replace the cushion and forehead pad if they become hardened or deformed.



ORDER NO.	ITEM
1007933	ComfortSelect Nasal Mask, Small
1007932	ComfortSelect Nasal Mask, Medium
1007934	ComfortSelect Nasal Mask, Small Wide
1002800	Deluxe Headgear
1007930	ComfortSelect Nasal Mask & Headgear, Small
1007919	ComfortSelect Nasal Mask & Headgear, Medium
1007931	ComfortSelect Nasal Mask & Headgear, Small Wide
1007936	ComfortSelect Cushion, Small
1007935	ComfortSelect Cushion, Medium
1007937	ComfortSelect Cushion, Small Wide
1018401	Forehead Support and Pad
1009722	Silicone Forehead Pads, 4 pack
1009723	Ball-and-Socket Headgear Swivel Clips (2 pk)
1008814	ComfortSelect Retaining Ring
1004395	Exhalation Elbow Kit
1002720	Split Washer Kit (5 ea.)
7041	Mask Swivel
312710	O ₂ Enrichment Attachment

ComfortSelect[™]

Nasal Mask & Deluxe Headgear Instructions for Use

(Note: The headgear is not included in all packages and may be purchased separately.)

The ComfortSelect Nasal Mask and Headgear are intended to provide an interface for adult (>30 kg) patients when used with Respironics CPAP or bi-level therapy. The mask contains an exhalation device that provides a continuous leak path in the patient circuit. **This mask does not require the use of a separate exhalation device. LATEX-FREE**

Caution US federal law restricts this device to sale by or on the order of a physician.



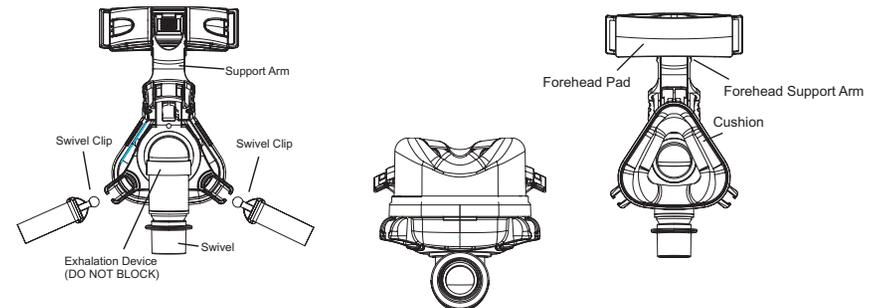
Warning

The ComfortSelect mask is designed for use with CPAP and bi-level systems recommended by your health care professional or respiratory therapist. Do not wear this mask unless the CPAP or bi-level system is turned on and operating properly. **DO NOT** block or try to seal the exhalation device.

CPAP and bi-level systems have the potential to allow rebreathing of exhaled air. CPAP systems are designed for use with masks (or connectors) that have vent holes or exhalation devices. When the CPAP system is turned on, new air from the system flushes the exhaled air out through the vent holes. If the CPAP system is not operating, the exhaled air may be rebreathed. Rebreathing of exhaled air for longer than several minutes can, in some circumstances, lead to suffocation.

Warning

Some users may experience skin redness. If this occurs, consult your health care professional.



The deadspace associated with this mask is between 119 cc and 129 cc.

Assembly

Before use, clean the mask following the instructions listed below.

Cleaning Instructions

For Multi-Patient Use Reusable. Contact Respiration Customer Service at 1-800-345-6443 to obtain mask Disinfecting instructions (order #1011138).

For Home Use: Begin by removing or disconnecting the headgear from the mask. Clean the headgear at least once each week or more often if needed. Fasten the hook tabs on the straps so that they don't catch other garments in the laundry. Some Respiration masks allow the cushion to be disassembled from the faceplate. The user has the option of disassembling the cushion from the faceplate before cleaning.

Faceplate and Cushion

Thoroughly clean the mask each day, immediately after use, using the hand wash instructions.

Hand Wash Instructions

Step 1 Hand wash the mask in warm water with a mild dishwashing detergent. **Do not** use bleach, alcohol, cleaning solutions containing alcohol, or any strong household cleaners. **Do not** use cleaners containing conditioners or moisturizers.

Step 2 Rinse thoroughly. Air dry. Make sure the mask is dry before use. Inspect the mask after cleaning. **Replace the mask if any parts are damaged or deteriorated.**

Headgear with Swivel Clip Mask Accessories

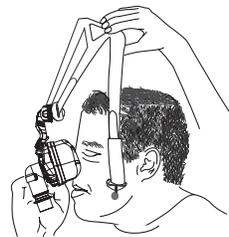
Step 1 Hand or machine wash the headgear and attached swivel clips with a standard laundry detergent and warm water. Rinse thoroughly. Do not use bleach.

Step 2 Line dry or machine dry at the medium heat setting.

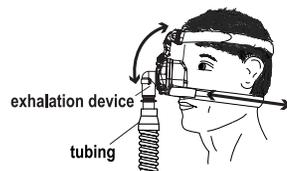
NOTE Slight readjustment of the straps may be needed after repeated washings.

Putting on the Headgear and Mask

Step 1 Hold the mask cushion gently over your nose. If the forehead support does not rest comfortably against your forehead, press the ridged sides at the bottom of the support arm, and slide the arm up or down the bar until the arm is in a position that is comfortable for you. Slide the headgear over your head. You may want to disconnect one of the swivel clips before putting on the headgear. Reconnect the swivel clip after you have the headgear in position.



Step 2 Connect the flexible tubing (included with your CPAP or bi-level device) to the swivel on the mask.



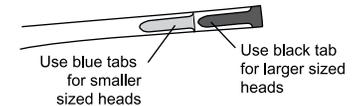
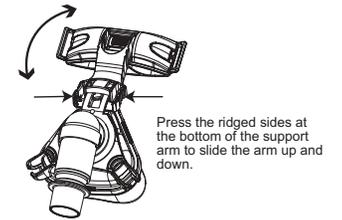
Step 3 Turn on the airflow.

Step 4 Lie down and breathe normally through your nose, keeping your lips closed. You may need to adjust the forehead support arm to reduce leaks.

Step 5 Unhook the straps and gradually tighten them until the mask has minimal leaks and fits comfortably.

NOTE The headgear has two sets of tabs for better adjustment. The black tabs are for larger sized heads. For a smaller head size, use the blue tabs. The extra tabs can be removed with scissors.

DO NOT overtighten the straps. Overtightening can cause or worsen leaks.



Removing the Headgear and Mask

You can disconnect the headgear from the mask in the following ways:

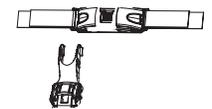
- Disconnect the forehead support by pressing on the center of the forehead spacer and then gently pressing the sides of the forehead support arm together.
- Disconnect the neck straps by removing the swivel clips from their sockets.
- Slide the headgear over your head. The entire headgear stretches.

1. Press on the center of the forehead support.



2. Press the sides of the support arm together.

3. Gently pull the forehead support away from the arm.



Replacement of Parts

Use the reorder list on the next page to order replacement parts. Follow the instructions below to replace the items.

Cushion Removal and Reattachment

Remove the cushion by detaching its retaining ring from the faceplate. Do this by unhooking the side and bottom clips of the ring from their connection points on the faceplate. Take the ring off of the cushion. Clean or discard the cushion if necessary. Place the cleaned or new cushion on the faceplate, making sure that the two slits at the bottom of the cushion catch on and fit securely into the two tabs at the bottom of the faceplate. Place the retaining ring around the cushion. Connect the ring clips to the faceplate, starting with the top clip. Push the retaining ring into the faceplate until you hear a clicking sound.

NOTE Make sure the lines on the bottom of the faceplate, cushion, and retaining ring are all aligned when assembled.

