

Medium

Medium/Small

Small

Petite



For use with Respironics' GoldSeal Nasal Masks only.
Not for use with Respironics' disposable, reusable contour, or full face masks.

GoldSeal™ Nasal Mask Sizing Gauge

RESPIRONICS INC.®



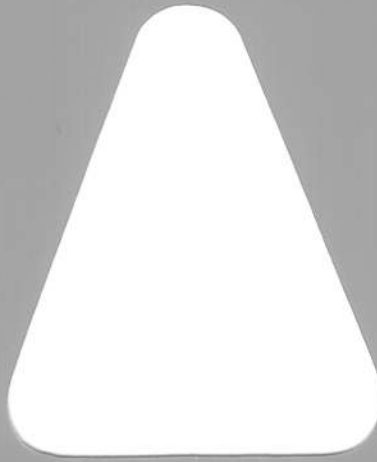
RESPIRONICS®
Nasal Mask & Accessories
Color Code

Size	Color
Small Child	Light Blue
Petite	Dark Green
Small	Yellow
Medium/Small	Red
Medium	Dark Blue
Medium/Wide	Brown
Large/Narrow	Light Green
Large	Orange

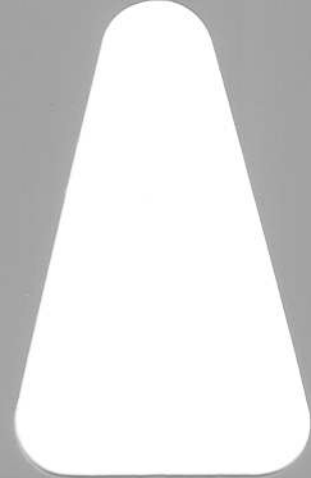
LK 5/17/97
300480



Medium/Wide



Large



Large/Narrow

GoldSeal® Nasal Mask Sizing Gauge

Reorder #302429

Description

The Nasal Mask Sizing Gauge will help you select the proper size Respironics nasal mask for your patients. The transparent gauge has seven triangular-shaped openings, each of which represents a different Respironics GoldSeal Nasal Mask size.

Note: This gauge corresponds to Respironics GoldSeal and Profile Custom Nasal Mask sizes only! Do not use the gauge to determine the fit of masks made by other manufacturers or other styles of Respironics masks.

Selecting a GoldSeal Nasal Mask Size

Use the illustrations below as a guide to help select the proper nasal mask size.

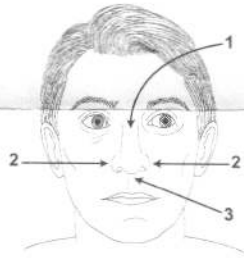
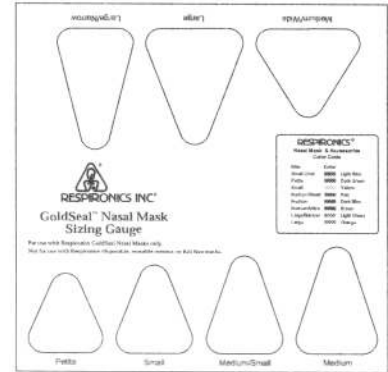


Figure A

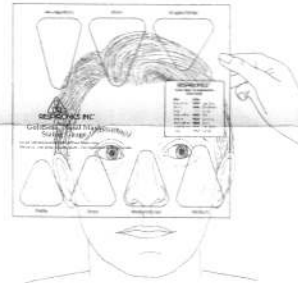


Figure B

The arrows in Figure A point to areas that should come close to, but not make contact with the gauge (slight contact is acceptable near area #2). Figure B shows proper use of the gauge. These areas around the patient's nose are:

1. Near to or just above the junction of the nasal bone and cartilage.
(You may have to palpate to locate.)
2. On the sides of both external nares.
3. Just below the lowest point of the nose and above the lip.

Mask Sizing Tips

Proper mask sizing has been shown to be one of the crucial components to the success of positive pressure therapy. Mask comfort is often the limiting factor to continuous use of mask ventilatory support.

- Select the mask size that comfortably fits the patient. When the patient is between two sizes, choose the larger size.
- Insure that the mask rests above the upper lip. A mask that rests on the lip may increase the likelihood of leaks or be uncomfortable for the patient. It may also cause the gums to become irritated.
- Place the mask over the patient's nose and select the proper spacer size. Attach the spacer to the mask.
Note: To prevent abrasion, place a patch of wound care dressing on the bridge of the nose (e.g. Restore™ manufactured by Hollister™).
- Before prescribing a size for patient purchase, verify the mask fit on the patient while the unit is running at the prescribed pressure. To make sure that the headgear is tight enough to seal the mask, ask the patient to lie down and breathe through his/her nose with his/her mouth closed and the unit running. If any air leaks out around the mask, tighten the top strap and/or neck strap just until the leakage stops. Do not overtighten the headgear. If necessary, try a different size mask.

Cleaning

With a soft cloth, gently wash the gauge in a solution of warm water and mild detergent. Rinse thoroughly. **Do not** clean the gauge with alcohol or cleaning solutions containing alcohol.


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